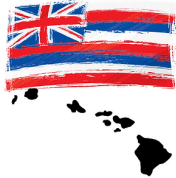


# Breaking the Silence: Unveiling the Disturbing Truth About Women and Girls in Hawaii Part II

Jun 13, 2023 Reports by What Makes You Feel Beautiful



## Report Outline:

### Introduction

- Briefly introduce "What Makes You Feel Beautiful" organization and its objectives.

### Importance of Supporting Girls and Women

- Highlight the organization's focus on empowering girls and addressing challenges faced by women.

### Statistics and Challenges

- Discuss key statistics and challenges faced by women and girls in Hawaii.

### Comment from the Ed Monica Marrow

- Include a comment from Monica Marrow, the organization's founder, on the report's findings.

### The Negative Effects and Cultivating Self-Love at an Early Age

- Explore the negative effects of the findings on girls and women in the community.
- Discuss the importance of cultivating self-love at an early age as a preventive measure.

### Conclusion

- Summarize the importance of addressing the challenges and supporting girls and women in Hawaii.

## About What Makes You Feel Beautiful:

What Makes You Feel Beautiful is a Maui based 501(c)(3) nonprofit organization dedicated to empowering girls and fostering self-love throughout their lives. Our main objectives are to make a tangible difference in the lives of girls facing homelessness and poverty by reducing these challenges by 2%, as well as decreasing the rate of teen pregnancies. We achieve these goals by offering a range of programs, personal development opportunities, classes, educational workshops, mentorship, resources, referrals, and tools that enable individuals to cultivate a healthy state of well-being, self-love, and self-esteem.

Our organization places a special emphasis on empowering girls, especially those from Maui who are at a higher risk due to factors such as teenage pregnancies, poverty, homelessness, minority status with limited support, and restricted access to programs. What Makes You Feel Beautiful is committed to addressing these challenges by providing girls with essential life skills to overcome obstacles and thrive.

Through the incentives and resources we offer, our organization strives to instill self-love, confidence, and empowerment in girls through our mentorship programs. We provide educational opportunities and practical tools that equip girls with the necessary knowledge and skills to successfully navigate life and overcome difficulties. Our ultimate goal is to make a positive impact on the lives of girls, empowering them to realize their full potential and contribute to the reduction of homelessness, poverty, and teen pregnancies in Hawai'i.

## Statistics and Challenges:

In Part II of "Breaking the Silence: Unveiling the Disturbing Truth About Women and Girls in Hawaii," What Makes You Feel Beautiful (WMYFB) sheds light on the vulnerabilities faced by girls and women in Hawaii. The following statistics reveal the extent of these challenges:

1. Hawaii ranks 6th highest in poverty rates nationwide.
2. The state imposes the 2nd highest effective tax rate on low-income households, disproportionately affecting women and single mothers.
3. Hawaii has the highest cost of housing and the highest rate of homelessness in the United States.

One particularly alarming statistic underscores the need for promoting self-love and mental wellness: 1 in 7 women (14.2%) in Hawaii has experienced completed forcible rape during her life. Shockingly, over 40% of female rape victims were first assaulted before the age of 18. Survivors of rape are at a higher risk of major depressive disorder episodes, suicide contemplation, and suicide attempts.

Moreover, among adults with developmental disabilities, as many as 83% of females are victims of sexual assault. Other challenges faced by women and girls in Hawaii include high rates of single-parent households (32%), with 23% of these families living below the poverty level. Additionally, 1 in 8 residents faces food insecurity, and 52% of public school students experience economic disadvantages, which adversely impact their educational achievement.

## Importance of Supporting Girls and Women:

What Makes You Feel Beautiful recognizes the critical importance of supporting girls and women, particularly those in Maui who face heightened risks due to various factors. By offering mentorship programs, educational opportunities, and practical tools, the organization aims to instill self-love, confidence, and empowerment in girls. These initiatives equip them with the necessary skills to overcome obstacles, thrive, and contribute to the reduction of homelessness, poverty, and teen pregnancies in Hawaii.

Comment from Monica Marrow:

Monica Marrow, the founder of What Makes You Feel Beautiful, expressed her thoughts on the report's findings, stating, "The statistics revealed in this report shed light on the urgent need for supporting girls and women in Hawaii. By addressing the challenges they face, we can empower them to overcome adversity, cultivate self-love, and create positive change in their lives and communities."

## The Negative Effects and Cultivating Self-Love at an Early Age:

The findings in this report have far-reaching negative effects on girls and women in the community. Survivors of rape and sexual assault are at a significantly higher risk of developing mental health disorders such as major depressive disorder and experiencing suicidal thoughts or attempts. Additionally, the high rates of poverty, homelessness, and food insecurity exacerbate the challenges faced by single-parent families, hindering the overall well-being of girls and women.

Cultivating self-love at an early age becomes a crucial preventive measure. By instilling a sense of self-worth and resilience, girls can develop a strong foundation of mental wellness. Empowering them with knowledge, resources, and support enables them to navigate life's difficulties, break the cycle of adversity, and contribute positively to their own lives and the community as a whole.

### Conclusion:

The second part of *Breaking the Silence: Unveiling the Disturbing Truth About Women and Girls in Hawaii* sheds light on the harsh realities faced by women and girls in the community. Poverty, homelessness, sexual assault, and other challenges present significant obstacles to their well-being and success.

However, through dedicated support, mentorship, and empowerment programs, organizations like What Makes You Feel Beautiful strive to make a positive impact. By cultivating self-love and providing essential resources, they contribute to reducing homelessness, poverty, and teen pregnancies in Hawaii, empowering girls to reach their full potential.

[wmyfb.org](http://wmyfb.org)

It is essential to shine a light on these issues and It is crucial to continue raising awareness, promoting change, and supporting initiatives that uplift girls and women in Hawaii. Together, we can work towards creating a more equitable and empowered society for all.

Blog

<https://www.wmyfb.org/post/part-ii-breaking-the-silence-unveiling-the-disturbing-truth-about-women-and-girls-in-hawaii>